



### **2023 PROGRAMS & FEES**

The following programs are provided over 40 weeks of the year. A holiday program will now be offered over the school holiday periods. Information and dates of this holiday program are provided below.

### **Social & Communication Program (SCP)**

#### 1 day per week | 9:00am - 3:00pm (6hrs)

SCP is an opportunity to engage in individualised communication skills, social skills, literacy skills, relationship and consent modules and Auslan Sign modules, as well as participating in a range of social opportunities within the local community.

\*Includes Speech Pathology Weekly Group Session

| 04_102_0136_6_1_T<br>04_599_0136_6_1 | Social & Community Program (SCP)                                                                                             | <b>\$141.78</b> Per day   |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| 04_591_0136_6_1                      | Activity Based Transport  Travel costs for community outings (Please note this is not the cost of the daily taxi service)    | <b>\$6.40</b> Per day     |
| 04_102_0136_6_1_T                    | Non-Face-to-Face Supports Supports include: individual daily progress notes, briefing, debriefing, and session planning time | <b>\$21.35</b> Per day    |
| 15_622_0128_1_3                      | Speech Pathology: Weekly Group Sessions + Planning                                                                           | <b>\$26.94</b> Per day    |
| n/a                                  | Private Out of Pocket Expense For Social Outing Expenses (Not covered by NDIS)                                               | \$TBA Advised with notice |
| TOTAL NDIS COST FOR 40 WEEK PROGRAM  |                                                                                                                              | \$7,858.80                |

# **Healthy Living Program (HLP)**

#### 1 day per week | 9:00am - 3:00pm (6hrs)

HLP comprises of group exercise sessions with a Personal Trainer (Physiotherapist), meal planning, shopping, food preparation, cooking lunch in our hospitality kitchen, education sessions integrated from the "Health Matters Curriculum" and mindfulness/yoga/ meditation sessions.

\*Includes Physiotherapy Weekly Group Session

| 04_102_0136_6_1_T<br>04_599_0136_6_1 | Healthy Living Program (HLP)                                                                                                 | <b>\$141.78</b> Per day |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| 04_102_0136_6_1_T                    | Non-Face-to-Face Supports Supports include: individual daily progress notes, briefing, debriefing, and session planning time | <b>\$21.35</b> Per day  |
| 15_055_0128_1_3                      | Physiotherapy: Weekly Group Sessions + Planning                                                                              | <b>\$26.94</b> Per day  |
| n/a                                  | Private Out of Pocket Expense Cooking Ingredients Contribution (Not covered by NDIS)                                         | <b>\$12.00</b> Per day  |
| TOTAL NDIS COST FOR 40 WEEK PROGRAM  |                                                                                                                              | \$7,602.80              |





### **Independent Living Program (ILP)**

#### 1 day per week | 9:00am - 3:00pm (6hrs)

ILP is an opportunity to develop skills for independent living, including travel training, cooking, self-care, cleaning, gardening, household budgeting, driving/ road safety and other personalised support programs. Individualised plans and supports to link participants to future independent living services are also available throughout this program.

\*Will possibly include Occupational Therapy support from July 2023.

| 04_102_0136_6_1_T<br>04_599_0136_6_1 | Independent Living Program (ILP)                                                                                             | <b>\$141.78</b> Per day |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| 04_102_0136_6_1_T                    | Non-Face-to-Face Supports Supports include: individual daily progress notes, briefing, debriefing, and session planning time | <b>\$21.35</b> Per day  |
| n/a                                  | Private Out of Pocket Expense Cooking Ingredients Contribution (Not covered by NDIS)                                         | <b>\$12.00</b> Per day  |
| n/a                                  | Private Out of Pocket Expense Travel Training – Public Transport costs                                                       | As applicable           |
| TOTAL NDIS COST FOR 40 WEEK PROGRAM  |                                                                                                                              | \$6,525.20              |

**\$26.94** Per day

## Wellbeing and Recreation Program (WRP)

#### 1 day per week | 9:00am - 3:00pm (6hrs)

WRP offers a range of activities to promote a positive sense of wellbeing. This includes exercise programs such as yoga, meditation, swimming, bike riding and bowling. WRP was established to provide sensory learning opportunities for participants while encouraging creativity, developing self-esteem and building self-confidence. These programs are designed for participants to also work on their social and team-building skills. WRP will also incorporate music sessions, arts and craft, drama and performance opportunities.

| 04_102_0136_6_1_T<br>04_599_0136_6_1 | Wellbeing and Recreation Program (WRP)                                                                                       | <b>\$141.78</b> Per day          |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------|----------------------------------|
| 04_591_0136_6_1                      | Activity Based Transport  Travel costs for community outings (Please note this is not the cost of the daily taxi service)    | <b>\$6.40</b> Per day            |
| 04_102_0136_6_1_T                    | Non-Face-to-Face Supports Supports include: individual daily progress notes, briefing, debriefing, and session planning time | <b>\$21.35</b> Per day           |
| n/a                                  | Private Out of Pocket Expense For Social Outing Expenses (Not covered by NDIS)                                               | <b>\$TBA</b> Advised with notice |
| TOTAL NDIS COST FOR 40 WEEK PROGRAM  |                                                                                                                              | \$6,781.20                       |





### **Community Participation Program (CPP)**

#### 1 day per week | 9:00am - 3:00pm (6hrs)

CPP is designed for participants to be involved in and active members of their community. Throughout this program there will be opportunities for: volunteering, mentoring, project work and advocacy. This program will also involve planning and attending community outings.

| 04_102_0136_6_1_T<br>04_599_0136_6_1 | Community Participation Program (CPP)                                                                                        | <b>\$141.78</b> Per day   |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| 04_591_0136_6_1                      | Activity Based Transport  Travel costs for community outings (Please note this is not the cost of the daily taxi service)    | <b>\$6.40</b> Per day     |
| 04_102_0136_6_1_T                    | Non-Face-to-Face Supports Supports include: individual daily progress notes, briefing, debriefing, and session planning time | <b>\$21.35</b> Per day    |
| n/a                                  | Private Out of Pocket Expense For Social Outing Expenses (Not covered by NDIS)                                               | \$TBA Advised with notice |
| TOTAL NDIS CO                        | ST FOR 40 WEEK PROGRAM                                                                                                       | \$6,781.20                |

### **SLES - Work and Community Program (WCP)**

#### 2 days per week | 9:00am - 3:00pm (6hrs)

Our WCP runs across two days a week and supports Young Adults utilising their 'School Leaver Employment Supports' NDIS funding. In the WCP participants target their work-focused self-determined goals in a group setting. This program forms the critical bridge between school life and work.

- Supports provided in this program include:
- Help participants explore and understand their work potential
- Focus on capacity building, developing skills, independence and confidence to work
- Are tailored to the individual and their unique pathway to employment
- Are reviewed periodically to make sure the supports are meeting the participant's goals
- Workplace learning opportunities provided in a range of settings

Whilst we advertise this as a 'program' it is important to note that it is not a 'one-size-fits-all- approach. These supports are person-centered, individually tailored, strategies which can be implemented so participants of varying skills and needs can reach their employment goals.

WorkPlace Learning is a component of this program.

| 10_021_0102_5_3 | Capacity Building: Finding & Keeping a Job (SLES)                            | <b>\$293.24</b> Per day   |
|-----------------|------------------------------------------------------------------------------|---------------------------|
| n/a             | Private Out of Pocket Expense Courses for certificates (Not covered by NDIS) | \$TBA Advised with notice |
| TOTAL NDIS COS  | ST FOR 40 WEEK PROGRAM                                                       | \$23,459.20               |





| 2023 Transport Prices                                                |                                                                                           |       |
|----------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------|
| 04_102_0136_6_1_T                                                    | Return Transport                                                                          | TBC * |
| 04_591_0136_6_1                                                      | Activity Based Transport  Distance from NextPath to participant pick up/drop off location | TBC * |
| Calculated per indiv                                                 | vidual circumstances                                                                      |       |
| *Individual quotes for 2023 transport will be provided upon request. |                                                                                           |       |

## **Holiday Program**

Relax as we take over and keep participants busy with our holiday programs! Packed with loads of exciting activities that may include: bushwalking, aqua golf, movies and more participants will be entertained all day whilst enjoying a break from their weekly program.

This program will not be held on public holidays.

Program 1: Tuesday 11th April – Friday 21st April

Program 2: Monday 26th June - Friday 7th July

Program 3: Monday 25th September – Friday 6th October

|                                      | •                                                                                                                            |                                  |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------|----------------------------------|
| 04_102_0136_6_1_T<br>04_599_0136_6_1 | School Holiday Program                                                                                                       | <b>\$141.78</b> Per day          |
| 04_591_0136_6_1                      | Activity Based Transport  Travel costs for community outings (Please note this is not the cost of the daily taxi service)    | <b>\$6.40</b> Per day            |
| 04_102_0136_6_1_T                    | Non-Face-to-Face Supports Supports include: individual daily progress notes, briefing, debriefing, and session planning time | <b>\$21.35</b> Per day           |
| n/a                                  | Private Out of Pocket Expense For Social Outing Expenses (Not covered by NDIS)                                               | <b>\$TBA</b> Advised with notice |
| TOTAL NDIS COST PER DAY              |                                                                                                                              | \$169.53                         |





# **Build Your Own Day**

An opportunity to create an individualised program day. This may incorporate:

**Employment Support (ES):** a continuation from SLES program targeting your individual workplace goals. WorkPlace Learning is a component of this support.

Individual Education Support (EDS): aimed at meeting further education goals

Individual Goal Support (IGS): aimed at providing individualised support for goal attainment

**Individual 1:1 Therapy:** Provided by NextPath Assessment & Therapy team opportunity to build capacity targeting individual therapy goals.

| 04_102_0136_6_1_T<br>04_599_0136_6_1 | Employment Support (ES) Education Support (EDS) Individual Goal Support (IGS)                                             | <b>\$73.79</b> Per hour    |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------|----------------------------|
| 04_591_0136_6_1                      | Activity Based Transport  Travel costs for community outings (Please note this is not the cost of the daily taxi service) | <b>\$6.40</b> Per day      |
|                                      | Allied Health Services (Can consist of Direct & Non face to face services):                                               |                            |
| 15_617_0128_1_3                      | Occupational Therapy                                                                                                      | <b>\$193.99</b> Per hour   |
| 15_622_0128_1_3                      | Speech Therapy                                                                                                            | ,                          |
| 15_055_0128_1_3                      | Physiotherapy                                                                                                             | 60C 70/6FC 4C              |
| 15_052_0128_1_3                      | Allied Health Assistant                                                                                                   | <b>\$86.79/\$56.16</b> per |
| 15_053_0128_1_3                      |                                                                                                                           | hour                       |