

Dear Parents/Carers,

As many of you know, our therapy team has been working hard to plan for future sessions to minimise the risk of COVID-19 spreading through our community. We have been planning how we can implement Telehealth services to suit each child and young adult.

What is Telehealth?

You may have heard the term 'Telehealth' being used recently. Telehealth is not a new concept, in fact it has been around for many years. Telehealth is therapy delivered remotely, where the therapist and client are not in the same location. Services may include parent consultations, home programs, support with implementing home programs, and conducting sessions over video chat. Telehealth is funded under NDIS plans, however Medicare plans and Private Health Insurance do not currently cover this service delivery model.

Why engage in Telehealth?

The benefits of Telehealth include:

- Sustaining structure and routine in this uncertain time
- A way to help your child maintain their skills and continue to make progress towards their goals
- Support for families and children in their own environment
- Enhancing home exercise programs and building capacity to complete therapy in the home environment by using what you already have at home.

What you can expect from Telehealth?

- A staff member will be in contact with you regarding the individualised plan for your child and family.
- You may be asked to set up a Zoom account; instructions will be provided if this is your mode of service delivery.
- A plan may be sent to you prior to your session outlining items that are needed for the session so that you can be prepared. For example: minimising distractions and allocating a quiet space.

We appreciate your understanding and flexibility during this challenging time. The health of our clients, their families and our staff is at the forefront of our minds, whilst providing a high quality, safe service continues to be our main priority.

Warm regards,

NextPath Assessment & Therapy